

NEW YORK CENTRAL RAILROAD – SIGNAL RULES

281		CLEAR Proceed at maximum track speed.	283		MEDIUM CLEAR Proceed. Medium speed within interlocking limits.	287		SLOW CLEAR Proceed. Slow Speed within interlocking limits.			
281-A		ADVANCE APPROACH MEDIUM Proceed approaching second signal at Medium speed.	283-A		MEDIUM ADVANCE APPROACH Proceed preparing to stop at second signal. Medium speed within interlocking limits.	288		SLOW APPROACH Proceed prepared to stop at the next signal. Slow speed in interlocking limits.			
281-B		APPROACH LIMITED Proceed approaching the next signal at Limited Speed. Trains exceeding 60 MPH must at once reduce to that speed. Reduction to 60 MPH must commence before passing signal, and must be completed before accepting a more-favorable indication.	283-B		MEDIUM APPROACH SLOW Proceed at Medium speed, approaching next signal at Slow speed.	290		RESTRICTING Proceed at Restricted Speed.			
281-C		LIMITED CLEAR Proceed. Limited speed within interlocking limits.	284		APPROACH SLOW Proceed approaching next signal at the Slow Speed. Trains exceeding Medium Speed must at once reduce to that speed.	291		STOP AND PROCEED Stop before passing the signal. Then proceed at Restricted speed. <i>(Signal with non-offset signal heads may be designated Permissive with a number plate.)</i>			
281-D		LIMITED APPROACH Proceed at Limited Speed prepared to stop at next signal.	285		APPROACH Proceed prepared to stop at the next signal. Trains exceeding Medium speed must at once reduce to that speed. Reduction to Medium speed must commence before passing signal, and must be completed before accepting a more-favorable indication.	292		STOP Stop before passing the signal.			
282		APPROACH MEDIUM Proceed approaching next signal at Medium Speed. Trains exceeding Limited speed must at once reduce to that speed. Reduction to Limited speed must commence before passing signal, and must be completed before accepting a more-favorable indication.	285-A		APPROACH RESTRICTING Proceed, prepared to stop at the next signal. Trains exceeding Medium speed must at once reduce to that speed.	289-C		NO TRAIN ORDERS Proceed.			
282-A		ADVANCE APPROACH Proceed preparing to stop at second signal. Trains exceeding Limited speed must at once reduce to that speed. Reduction to Limited speed must commence before passing signal, and must be completed before accepting a more-favorable indication.	286		MEDIUM APPROACH Proceed at Medium Speed prepared to stop at the next signal.	289-E		TRAIN ORDERS Slow or stop to receive train orders.			
293		TAKE/LEAVE SIDING Be governed by signal indication, if present, and take/leave siding at next switch.	289		MANUAL BLOCK CLEAR Proceed. <i>(With or without "MB" Manual Block plate and/or number plate.)</i>	289-A		MANUAL BLOCK OCCUPIED Block ahead is occupied. Proceed prepared to stop short of train ahead. Slow speed must not be exceeded. <i>(With or without "MB" Manual Block plate and/or number plate.)</i>			
			289-B		MANUAL BLOCK STOP Stop. <i>(With or without "MB" Manual Block plate and/or number plate.)</i>						
277		DUMMY MAST/DOLL ARM One or more tracks intervene between the signal and the track governed by the signal. When more than one track intervenes, the number of doll arms is increased accordingly.			BRACKETTED/ADJACENT SIGNALS The right-hand signal governs right-hand track, and left-hand signal governs left-hand track. Signals on superstructures govern the track that they are over.	SIGNALING SPEED LIMITS		ALL TRAINS	RESTRICTED SPEED		
						Maximum/Normal Speed		<i>as posted</i>	A speed that will permit stopping within one-half the range of vision, short of train, engine, railroad car, obstruction, men or equipment fouling track, Stop signal, derail, broken rail, or switch lined improperly, but not exceeding Slow speed.		
						Limited Speed		45 MPH			
						Medium Speed		30 MPH			
						Slow Speed		15 MPH			
						Restricted Speed		15 MPH			
289		MANUAL BLOCK PLAQUE This sign designates that the signal it is attached to is a Manual Block signal. Manual Block aspects apply.	295		REDUCE SPEED BOARD Approach <i>Slow Speed Board</i> in approximately 7,000 feet not exceeding speed shown on this sign. If speed designation is missing, or yellow flag is used, assume 10 MPH limit.	295-A		SLOW SPEED BOARD Train's speed between <i>Slow Speed Board</i> and <i>Resume Speed Board</i> must not exceed speed shown on <i>Reduce Speed Board</i> .	295-B		RESUME SPEED BOARD Resume Normal speed after rear of train has passed this board or flag.